

Direct Access to Counselling

Referrals directly to your counsellor or psychotherapist of choice via the Accredited Register programme

EMPOWERING PEOPLE

Patients choose their own therapist and modality from those on an Accredited Register

HELP BEFORE IT'S TOO LATE

60,000+ qualified & experienced counsellors & psychotherapists available immediately

REDUCE COSTS NOW & FOREVER

Early intervention in mental health issues is crucial in reducing long-term costs

MENTAL HEALTH EQUALITY

Mental health support needs to be accessible to everyone, regardless of financial situation or postcode



visit our website for information about
how you can help
www.ncps.com

Take Action

OUR CAMPAIGN

Direct Access to Counselling

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Help Before It's Too Late

Say goodbye to long waiting lists and the increasing cost to our society due to poor mental health. Address the recruitment deficit by calling on the 60,000+ qualified & experienced counsellors & psychotherapists available immediately through the Accredited Register programme.

Empowering People

Reduce the rate of non-reliable improvement, and the high number of referrals ending without being seen, by widening access to mental health support and expanding the range of therapy modalities available through the NHS: empower patients to choose their own therapist and modality from those on an Accredited Register. Patients are invested in their care and more likely to improve when they can choose their therapist and the type of support they receive.

Reduce Costs Now & Forever

Early intervention in mental health issues is crucial in reducing long-term costs to the NHS and society as a whole. By addressing mental health concerns before they escalate, individuals are able to maintain their well-being and lead productive lives. This, in turn, reduces the risk of future complications, such as decreased productivity, increased use of healthcare services, and lost earnings. In addition, providing access to appropriate support and resources through Accredited Registers can help prevent the development of chronic mental health conditions, reducing the need for costly, ongoing treatment and support. Investing in early intervention for mental health is a cost-effective solution that can yield long-term benefits for both individuals and society as a whole.

Mental Health Equality

Remove mental health inequalities by ensuring that high-quality, timely, and appropriate mental health support is not limited to the well-off and wealthy, or determined by postcode: offer a choice of practitioner and modality currently only available in the private sector.



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OUR CAMPAIGN

Direct Access to Counselling

It is important to offer people a choice in the kind of mental health support they receive because every person is unique and has different needs and preferences. Providing a choice in mental health support allows individuals to select the type of support that is most likely to be effective and beneficial for their specific needs and circumstances.

Some of the key reasons why offering a choice in mental health support is important include:

Personal empowerment: When people have a choice in their mental health support, they feel more in control of their care and have a greater sense of ownership over their mental health and well-being.

Increased engagement: People who have a choice in their mental health support are more likely to be engaged and motivated to participate in their care, which can lead to better outcomes.

Better fit: Different types of mental health support are suited to different individuals and different mental health conditions, so offering a choice helps to ensure that the person receives the best possible support for their specific needs.

Increased access: Offering a choice in mental health support helps to increase access to care, as individuals are more likely to seek out support that they believe will be effective and beneficial.

By offering a choice in mental health support, people are empowered to make decisions about their own care, which can lead to better outcomes, increased engagement, and improved mental health and well-being.

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